Menu Spring Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning snack	Rice cakes & a choice of fruit	Organic corn cakes & a choice of fruit	Bread sticks & a choice of fruit	Organic oatcakes & a choice of fruit	Crackers & a choice of fruit
	water or milk	water or milk	water or milk	water or milk	water or milk
Lunch	Halloumi traybake Fresh pineapple	PANCAKE DAY! Savoury pancakes Sweet pancakes with fresh fruit and a dash of honey	Toad-in-the-hole with seasonal vegetables Fresh melon	Lentil shepherd's pie with healthy baked beans Fresh pineapple	Quorn fishless fingers and sweet potato chips with peas Fruit salad
Afternoon snack	Selection of fruit and vegetable sticks	Selection of fruit and vegetable sticks	Selection of fruit and vegetable sticks	Selection of fruit and vegetable sticks	Selection of fruit and vegetable sticks
Tea	Homemade hummus with wholemeal toast	Spring soup with a bagel	A selection of wraps Vegetable sticks	Homemade wholemeal nachos	Sandwich selection and salad
	Grapes	Organic fruit yoghurt	Children's choice of fruit Whatcombe	Melon	
	water or milk	water or milk	water or milk	Smoothie	water or milk